

Why Join the Sandstone Yoga Teacher Training Academy?

When I set up Sandstone Yoga, I decided to provide Yoga in an environment and with a philosophy that I personally would want to be a part of. Providing the kind of Yoga experiences I wanted for others has proved immensely popular.

It is with the same philosophy that I have developed, in partnership, our Teacher Training Academy. I have developed the Academy so that it can enable you to learn in a unique studio setting with highly experienced, knowledgeable, inclusive and caring teachers.

Some key features of our Teacher Training Academy include:

- Join a reputable, established, highly regarded team of professionals
- We are one of the few national / international 200 hour courses that have a dedicated studio for their teaching environment
- Try out our course before you commit
- Meet our tutors before you commit and learn from a variety not just one person
- Be able to pay in instalments
- Be able to practice in a studio setting, one that has been blessed by a Swami and a local vicar
- Get 180 hours of contact time as stipulated by Yoga Alliance UK
- Be able to part/fully fund your course with support if possible
- Have a wide variety of classes/styles to practice in between course weekends
- Have access to advice from Michelle (optional) on your Yoga career and how to develop your Yoga portfolio
- A course which will teach you about Yoga but also give you the skills and confidence to be a teacher. **YOU WILL LEARN HOW TO TEACH**, not just learn about Yoga
- Join the Sandstone team (if you would like to) as a teacher
- On-going access to support backed by a full professional admin support team
- Be a part of a growing Yoga community and even make friends
- Sandstone Yoga is built on strong ethical foundations, staying true to the ancient philosophy of Yoga
- Our Teacher Training Academy will be offering additional courses and workshops nationally through Yoga Alliance UK by the time the first course finishes
- We are becoming the Midlands centre for national CPD workshops as recognised by Yoga Alliance UK. People are travelling from much further afield to our events
- Obtain a globally-recognised qualification in Yoga
- **10% student teacher discount on any of our classes, workshops & UK retreats**

Michelle Nicklin, Director